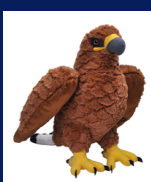


THE FRIDAY LETTER



This Week at The Wyche

The first lovely news this week has been BUZZARDS! There were thirteen buzzards soaring overhead yesterday in perfect conditions. Many children came to my office to show me these beautiful birds who are a symbol of the Wyche's commitment to "lifting hearts and broadening horizons". Together We Soar. Buzz was stoked, obviously. Some of them were clearly personal friends.

Buzz, yesterday: reportedly "stoked".



In other news, Badger class have been making nutritious winter soups (and very tasty they are too), Stocat Class wrote a sea shanty about The Wyche!, Otter Class mixed science and PE (gymnastics and anatomy apparently), Foxes learned the difference between weather and climate and told me bananas grow in tropical climates and hedgehogs planted flowers and bulbs and seeds in their own little garden centre. Delightful.

In this issue

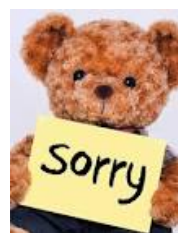
This week at the Wyche
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Collective Worship

We continued our learning about the Christian value of Respect by considering good manners, which words to use and why. "Sorry", "Thanks", "Excuse Me" and "Please", are easy to say, completely free and work like magic on the feelings and emotions of others. Try one today and see instant results.



Online Safety - NSPCC

Children are more and more watching their favourite gamers or "Content providers" live through the phenomenon known as "livestreaming". Check out [Uk Safer Internet Centre's guide](https://www.uk-saferinternetcentre.org.uk) to this and spot and eliminate the risks to your child.



Support for Parents - Emotional Literacy

On page four are a range of hints to support parents as they deal with and develop their children's emotional literacy. Children find it hard to talk about their feelings and this can lead to conflict and frustration. Try the tips in this guide on the little person in your life and see if it opens any doors. Remember we are always here to listen and offer help and support. <https://www.wyche.worcs.sch.uk/support-for-parents>



We've been singing "Here Comes the Sun" by the Beatles in assembly this week and I wish you sunshine and "ice slowly melting" in your lives this weekend until we meet again on Monday for more soaring together.

Always in partnership,

Mr Murphy.

We can all play a part in **safeguarding** children. If you are ever worried about the safety of a child, please discuss this with **Mr Murphy, Mrs Baylis or Mrs Charles**. You can refer or get advice yourself from Children's Services on 01905 822666.

If you think a child is in immediate danger, please call the police on 999.

In school this week:



Samuel and Remi told me they had seen a grass snake in the churchyard this week. These harmless creatures are a beautiful grey-green and snaffle amphibians and insects. How wonderful it is to be at The Wyche surrounded by the kind of wildlife that other schools have to study as clip-art or look up in books. We look up and see buzzards! Well done to the snake-spotting wildlife wardens!



"They will soar on wings like eagles." Isaiah 40:31

Malvern Wyche C of E Primary School

Together We Soar

Get the Attendance "Buzz"

Badgers took the crown with 97% attendance this week. The school is currently at 95%. I promote attendance for the very best reasons. We work hard to ensure that our school is offering the best education to your pupils - please bring them in every day they are well enough so that we can. A week off for a holiday here and there has a serious impact on learning and friendships and it is against the law to keep your children off school if they are well. I ask you all to keep working with us to attend every single day. They have missed enough school in the last few years. Their place is here, let's do it together and give them a bright future.



Badgers won Buzz again! Yippee!



NSPCC Number Day 2025

On Friday 7th February all the children are invited to come into school dressed as a number or wearing something numerical.

The day will have a maths theme with various number related activities happening.

It's maths but not as you know it!

The school are not asking for donations for number day, however if you would like to make a donation to the NSPCC the link to the appropriate just giving page is -

[NSPCC](#)

Donations Needed

As part of their ongoing curriculum Journey, Hedgehog class will be looking at 'Plants and Growing'. As part of this, the teaching team would like to set up a garden centre in the classroom. They are seeking donations of the following: gardening gloves, seed packets, fake flowers, plant pots, compost and appropriate gardening tools. Please bring any donations to the school office.

Many Thanks.

Illness

This week there have been a number of reported cases throughout the school of vomiting and diarrhoea. Can we please remind parents that, in-line with the NHS guidelines, any child who is suffering with either or both of these symptoms should remain at home for **48 hours** after the symptoms cease. Could we also ask that parents encourage children to wash hands regularly.



KS1 Multiskills

On Monday our Year 1's and 2's visited The Chase for a multi-skills event. The children took part in a variety of activities and had a thoroughly fantastic time. It was lovely to see some of our Year 6 children from last year being sports leaders and helping to run the event.

By living and learning together through our Christian values of *Safety, Trust, Respect, Inspiration, Value, & Engagement*, with God's help, we will support each other to "soar", lifting hearts and broadening horizons, so that by giving our best today, the world may be better tomorrow.

Stars of the Week

It is always a delight to award a "Star of the Week" award to a child who has demonstrated the **STRIVE** values in classwork. This week's award-winning superstars are:

Hedgehogs

Alex Tark
Edith Farrell

Foxes

Noah Turcinavicius
Alayna Baig

Otters

Elizabeth Cook
Penny Ledington

Stoats

Matthew Ledington
Tilly Clay

Badgers

Courtney Kavanagh
Sam Bird

Housepoints!

Perseverance took the crown this week with a fabulous 90 points
Congratulations.

WHAT'S ON ?

- Mon 3rd Feb:** Peripatetic Guitar Lessons
- Tues 4th Feb:** Peripatetic Woodwind Lessons
Peripatetic Drum Lessons
- Weds 5th Feb:** Peripatetic Piano Lessons
FAME for Otter Class
- Thurs 6th Feb:**
- Friday 7th Feb:** Stoot Class 4th Swim
NUMBER DAY! Whole School



Netball Camp

17th & 18th February
2025

9.00-3.30pm each day
Indoors @ The Elms School,
Malvern, WR13 6EF.

£27.50 per day or £49 for 2
days.

Netball Fundamentals

Fun Games

Skill development

Matches



To secure your child's place contact:
07879 779569
ben.robertshaw@live.co.uk

Dates for your Diary

- Friday 7th February - NSPCC Number Day 2025
- Tuesday 11th February - Al Sylvester Zoom session with Badger Class
- Friday 14th February - Last day of Half Term
- Thursday 6th March - World Book Day (plans to follow)



Hedgehog Class

To support their learning about Tanzania the children in Hedgehog class did a fantastic job making African Masks and African style necklaces. The children created some beautiful pieces - many were worn and enjoyed throughout the school day. Well Done Hedgehogs!

CONTACT US: 01684 573205 / OFFICE@WYCHE.WORCS.SCH.UK / WWW.WYCHE.WORCS.SCH.UK

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

1 NAME THE EMOTION

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.



2 MODEL EMOTIONAL EXPRESSION

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.



3 MINDFULNESS ACTIVITIES

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.



4 USE STORYTELLING

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.



5 PRACTISE EMPATHY

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improves their social interactions.



6 ENCOURAGE JOURNALING

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.



7 TEACH PROBLEM-SOLVING

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.



8 CREATE A SAFE SPACE

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.



9 USE VISUAL AIDS

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.



10 CELEBRATE EMOTIONAL GROWTH

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforces the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.



Meet Our Expert

Adam Gillett is Associate Vice-Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.



#WakeUpWednesday®

The National College®